

# GATEWAY NEWS



November 2018

Volume 33, No. 10

The Greater St. Louis chapter is an affiliate of Hearing Loss Association of America (HLAA), 7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814. The mission of HLAA is to open the world of communication to people with hearing loss by providing information, education, support, and advocacy. HLAA has more than 150 chapters and 14 state organizations.

## This month's meeting

## Chairperson's message

Saturday, November 10th at 1:00 at DEAF Inc., 25 E. Frisco, at 1:00 p.m., in Webster Groves on the lower level.

Our meeting topic will be Tinnitus and treatment options for hearing loss to fit your budget.

**An elevator is available. A key is needed for elevator use. If possible, have someone find a board member to assist at the elevator.**

Please come to the meeting around 12:30 to allow time to pick up your badge, sign in and socialize. Thank you.

For the November meeting, the following members have signed up for:

*Make Coffee:*  
Kathy Patrick

*Refreshments and clean up after meeting:*  
Kathy Patrick and we need another volunteer!!

*Greet Visitors and Friends:*  
Diane Walters and we need another volunteer!

*Set up and clean up after the meeting:*  
We need volunteers!

Hi everyone!

It is a cool and beautiful sunny day as I write this.

This month our meeting topic will be about tinnitus. Learn about a new treatment option for tinnitus and also discover treatment options for your hearing loss to fit your budget.

As a reminder, next month is our Holiday Party. You will find more information on another page in the newsletter. This year, we have a new venue. The Board changed the location from the survey that was done by our members who indicated that a change was needed.

We are working on the meeting topics for next year, as well having a couple social events, so stay tuned for information on that! As always, if you have a topic you would like us to have a meeting on, or if you have ideas for social events, please let one of our board members know. You can find information on the board on page 2 of newsletter. We want to hear from you!

I hope to see many of you at our November meeting! It will also be our last formal monthly meeting until February 2019!

My wish is for all of you to have a Blessed and Happy Thanksgiving!

Kathy Patrick



## Chapter News

### Holiday Party

**WHERE:** Pasta House, 14007 Manchester Rd., Ballwin, Mo.

**DATE & TIME:** December 8th, 11:00 am—3:00 pm

**COST:** \$20 per person, including tax and tip. You can pay Kathy at the November meeting, or mail your check to 3158 E Romaine Creek Rd. Imperial, Mo. 63052

**MENU:** Chicken Parmigiano, Chicken Flamingo, Mostaccioli, and includes Pasta House salad, hot baby loaves of Italian bread and soft drinks.

You may also buy Wine, Beer or other alcoholic beverage at the bar. Bar items are **not included** with lunch. You will pay for your own alcoholic beverages.

**RSVP:** Kathy Patrick, email [kathyp2880@gmail.com](mailto:kathyp2880@gmail.com) or call 636-678-7505 **by NOVEMBER 24TH.**

Space will be limited, so get your RSVP in early!

Our charity of choice for donations this year will be Angels Arms. They are a non profit organization that is all about kids in foster care, specifically sibling groups. Here is a list of items you can donate at the holiday party, and thank you in advance for your generosity!

**Gift Cards:** Target, Walmart, Old Navy, Shoe Carnival, Target, JC Penney's, TJ Maxx, Schnucks, Dierbergs, and Aldi's.

**Cereal:** Fruit Loops, Apple Jacks, Lucky Charms, Cinnamon Toast Crunch, Frosted Flakes, Golden Grahams, Reese's Puffs, Cocoa Puffs, Trix, and Fruity Pebbles.

**Toiletries and paper products:** Paper plates, paper towels, Toilet paper, Soap, Deodorant, Feminine products, and Bubble bath

**Cash and Checks:** You can always donate money to be put towards granting a wish for one of the kids. (Kathy will deposit the cash/checks and write one check along with the names of those who donated specifically for this.)

### Chapter Dues Reminder

As a reminder, our chapter will no longer have Unified dues as of December 31 of this year. If your dues were paid for one year, please renew before the end of January for 2019. If you had a 3 or 5 year membership, you will pay in January of the year your membership expires. There are no longer 3 and 5 year memberships. They will all be annually. New chapter membership fees are \$15 for individual and \$20 for a family. There are membership forms in this newsletter for our chapter and for the national organization.

**Please send dues to Kathy Patrick, 3158 E Romaine Creek Rd., Imperial, Mo. 63052, or pay at the meeting.**

Meetings are held the second Saturday of the month at the DEAF, Inc., 25 E. Frisco, Webster Groves, MO. There is no meeting in January or August.

### Chapter Committee

*Chairperson* – Kathy Patrick  
3158 E. Romaine Creek Rd.  
Imperial, Mo. 63052  
636-678-7505  
[kathyp2880@gmail.com](mailto:kathyp2880@gmail.com)

*Vice Chairperson*—George Cooley  
636-225-1461  
[senditcool@earthlink.com](mailto:senditcool@earthlink.com)

*Co-Secretaries* -

Diane Walters  
[Walters.Diane@att.net](mailto:Walters.Diane@att.net)

Kathie Hanneke  
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[geneandkathie@hanneke.us](mailto:geneandkathie@hanneke.us)

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*Editor* – Kathy Patrick  
[kathyp2880@gmail.com](mailto:kathyp2880@gmail.com)  
636-678-7505

### Committee members

Linda Baker  
314-346-1924  
[Lindabaker1028@sbcglobal.net](mailto:Lindabaker1028@sbcglobal.net)

Mary Stodden  
636-734-8016  
[marizo4912@charter.net](mailto:marizo4912@charter.net)

Kristen Kramer  
[kkramer@soundhealthservices.com](mailto:kkramer@soundhealthservices.com)

### Professional advisors:

Lisa Potts, Ph.D., CCC-A  
Kristen Kramer, Au.D., CCC-A  
Maureen Fischer, M.S., CCC-A

### Website

[www.hlaastl.org](http://www.hlaastl.org)



**Hyatt Regency Rochester  
Rochester Riverside Convention Center**

**June 20-23, 2019**

Join us for a vacation to remember where you will meet other people with hearing loss, learn in the most communication accessible environment and enjoy the sights of Rochester: a world of art, theater, music, photography, history, nature and play! Registration to open **December 1**.

### **New Year, New Format**

We are shaking things up next year! Beginning in 2019, the Research Symposium will be two hours with the moderator presenting a 20-minute account of why the topic is relevant to people with hearing loss. The introductory talk will lay the groundwork for the science that will be presented. After a break, the program will move on to three presentations of 20 minutes each followed by a ten-minute Q&A.

### **Rebecca Alexander, Keynote Speaker**

Rebecca Alexander is an author, psychotherapist, disability rights advocate, group fitness instructor, and extreme athlete. Born with a rare genetic disorder called Usher syndrome type III, Rebecca has been simultaneously losing both her sight and hearing since she was a teenager. She was told that by age 30, she'd be completely blind. Then, at 19, one year after a fall from a second-story window left her athletic body completely shattered, she discovered she would lose her hearing as well. Despite these difficulties, Rebecca refused to lose her drive and zest for life and rose above and beyond every challenge she has faced.

Now, with only 10 degrees of vision and significantly deteriorated hearing, Rebecca is a flourishing full-time psychotherapist. Come hear Rebecca talk about her inspiring journey at the Opening Session on **Thursday, June 20 at 9 a.m.**

### **Research Symposium, *The Latest on Genetics Hearing Loss***

Don't miss this opportunity to hear from world-renowned geneticists who will present the latest research on hearing loss that occurs later in life, and what can be done for families who have inherited the gene. In a rapidly moving field, much has been accomplished since the last symposium on genetics in 1999. There will also be a Genetics track for workshops that will feature families with known and perceived genetic hearing loss, talking about their experiences, genetic counseling and more.

Stay tuned for more information as it becomes available!



## More Chapter News

### MEMBER NEWS

Ron Brueckner, member, board member and Treasurer of our chapter will be having major surgery on November 1st to have a defibrillator put in. Please keep him in your thoughts and prayers.

### VOLUNTEERING

As you know, there has been a volunteer sign up sheet at the meetings. If you haven't taken a look at it, please do. There are several things that can be done on your own time and some things you can do on your computer on your own time. We need to work together to help our chapter. We need to make the HLAA-GSL Chapter known everywhere in St. Louis and surrounding areas, we need chapter members to get involved to help our chapter stay alive. If you do not make it to a meeting, and you would like to see the volunteer sheet, let Kathy Patrick know, and she can send it to you in an email.



**November birthdays**— Doris Haudenschild 11/3, Sally Wellborn 11/4, Albert Otto 11/5, Janice Jones 11/8, Michelle Engelhardt 11/16, Tom Berg 11/24, Lisa Potts 11/25, Linda Acosta 11/25, and Nancy Sackbauer 11/25. Happy Birthday!

If we missed your birthday, and you would like to be included, please contact Diane Walters at 636-671-2525, or email [Walters.Diane@att.net](mailto:Walters.Diane@att.net).

### November Quote -

Go within every day and find the inner strength so that the world will not blow your inner candle out. (Author *Katherine Dunham*, contributed by Kathy Patrick)

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**Thank you** to Kathy Patrick and Karl Cook for providing the news and information.

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**Deadline for the December newsletter is November 24th, 2018. Please send news or information to: Kathy Patrick, 3158 E. Romaine Creek Rd., Imperial, Mo. 63052, call 636-678-7505 or email [kathyp2880@gmail.com](mailto:kathyp2880@gmail.com).**

### Humor Corner

At the end of his sermon each week, Father Richards offers an altar call, inviting anyone who needs prayer to come forward. Last week, Father Richards gave the invitation and was surprised to see Lee Johnson, a local roustabout, coming forward. "Brother Lee, what do you need prayer for today?" Father Richards inquired. "My hearing," Lee answered quietly. Father Richards put his hands on each side of Lee's head and prayed a prayer so beautiful that surely the Angels in Heaven must have been crying. It was a prayer so profound there were only a few dry eyes among the congregation. When he finished, Father Richards removed his hands from Lee's ears and bellowed, "So Brother Lee, tell the congregation how your hearing is now!" Lee answered, "I don't know, Father. It's not until next Tuesday." (Contributed by Karl Cook)

**Disclaimer** – Hearing Loss Association of America, Greater St. Louis Chapter neither recommends nor endorses products, people or services. Opinions expressed are those of the individuals, not those of the chapter.





7910 Woodmont Avenue - Suite 1200 • Bethesda, MD 20814  
 Phone: 301.657.2248 Fax 301.913.9413  
 membership@hearingloss.org hearingloss.org

## Membership Form

- I'd like to:  Become a member of the Hearing Loss Association of America  
 Renew my membership  
 Give a gift membership (USA only) Below is the gift recipient's information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

USA Membership Fees	
Individual	<input type="checkbox"/> \$35 (1 year)
Couple/Family	<input type="checkbox"/> \$45 (1 year)
Professional	<input type="checkbox"/> \$60 (1 year)
Library/Nonprofit	<input type="checkbox"/> \$50 (1 year)
Student	<input type="checkbox"/> \$20 (1 year)
Corporate	<input type="checkbox"/> \$300 (1 year)
Non-USA Membership Fees	
Individual	<input type="checkbox"/> \$45 (1 year)
Couple/Family	<input type="checkbox"/> \$55 (1 year)
Professional	<input type="checkbox"/> \$75 (1 year)
Library/Nonprofit	<input type="checkbox"/> \$75 (1 year)
Corporate	<input type="checkbox"/> \$325 (1 year)

I would also like to include a donation in the amount of

\$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 (Billing address for credit card charge)

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Chapter I belong to: \_\_\_\_\_

CREDIT CARD PAYMENT INFORMATION	
<input type="checkbox"/> American Express <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> VISA	
Card Number:	_____
Expiration Date:	_____ Security Code: _____
Name:	_____ (as it appears on your credit card)
Signature:	_____

PAYMENT	
Membership fee	\$ _____
Donation	\$ _____
<b>TOTAL</b>	<b>\$ _____</b>

HLAA  
Greater St. Louis Chapter  
3158 E. Romaine Creek Rd.  
Imperial, Mo. 63052

FIRST CLASS MAIL

DATED MATERIAL

