

Women with Disabilities Support Group

Empowered by knowledge, we are pursuing careers, raising families, becoming community leaders, and living life to the fullest! We need a place to unite, ask questions, share ideas, insights, experiences and learn from each other.



Are you feeling . . . Overwhelmed? Stressed? Frustrated?

Join us at the Women with Disabilities Relief Party!

When: Thursday, January 22, 2015, 1:00-3:00pm

Where: The Whole Person, 3710 Main Street, Kansas City, MO

We will gather together for friendship and fellowship and share ideas to turn our common experiences into a support group that will meet on the 2nd and 4th Thursday of each month. Snacks will be provided.

Won't you join us? RSVP by January 8!

Contact: Tiffany Radcliff; 816-595-6857; TRadcliff@thewholeperson.org

We would also like your feedback on topics, speakers and areas of interest that would be appealing to women with disabilities in a support group setting. Please take a few minutes to share with us your ideas and thoughts on the attached survey! Thank you!

Mission Statement

The Whole Person assists people with disabilities to live independently and encourages change within the community to expand opportunities for independent living.

Vision Statement

The Whole Person (TWP) envisions a fully integrated community of equality, where opportunities and choices are not limited by disability. We will promote a world in which people with disabilities will exercise independent choices and join with their supporters to advocate for positive change within society and its systems. TWP will strive to be a preeminent center for independent living, with widespread grassroots support, strong consumer control and a diverse, professional staff. We will be a passionate voice of empowerment and advocacy for all persons with disabilities.

Who We Serve

- People with disabilities
- Parents, spouses, siblings, significant others of people with disabilities
- Schools, businesses, local government agencies
- Volunteer organizations
- Hospitals, health and medical organizations
- Civic and church/religious organizations
- Veterans
- Any individual or organization seeking assistance

Programs

- Independent Living Services
- Personal Assistant Services
- Employment Services
- Individual and Systems Advocacy
- The Whole Family Project
- Mental Health Services
- Deinstitutionalization
- Deaf and Hard of Hearing Services
- Youth Services
- Telecommunications Access Program (TAP)

Support Groups

Peer groups provide a forum for problem solving, brainstorming, sharing of concerns, successes, and ways to address issues individually and collectively. Visit our website for more information about each of these groups, meeting dates, locations and contact information for facilitator.

- **Mental Health Peer Group**
Support for anyone with a physical, cognitive, or mental health disability.
- **LGBTQ Social Support Group**
Support, community, and advocacy for LGBTQ people with disabilities.
- **My New Life Journey: HIV/AIDS Peer Support Group**
A support group for people with disabilities who have been newly diagnosed and/or re-engaged into care for HIV or AIDS.
- **Spinal Cord Injury Peer Mentoring Group**
For individuals who are 18+ with a spinal cord injury and are seeking to connect with others who are going through the same experiences.
- **Women with Disabilities Support Group**
***BEGINS Friday, January 22, 2015**
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816-561-0304

3710 Main Street

Kansas City, MO 64111

To learn more about TWP, visit

thewholeperson.org

info@thewholeperson.org



Women with Disabilities Support Group *Survey*

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Purpose of Survey:

We would like your feedback on topics, speakers and areas of interest that would be appealing to women with disabilities in a support group setting. Please take a few minutes to share with us your ideas and thoughts on this survey! If you need more room to respond to one of the questions, use space provided on the back of this page. Whether or not you enter your name at the end of the questionnaire, your answers will remain strictly confidential. Thank you!

1. Please indicate your disability or disabilities. (Check all that apply):

- | | |
|--|--|
| <input type="checkbox"/> Developmental disability | <input type="checkbox"/> Deaf or Hard of Hearing |
| <input type="checkbox"/> Mental / emotional disability | <input type="checkbox"/> Blind or Low Vision |
| <input type="checkbox"/> Physical / mobility | <input type="checkbox"/> Other (please specify): _____ |

2. Age category: 19 – 24 25 – 59 60+

3. Marital status:

- Married Divorced Separated Domestic Partner Single Widowed

**4. What topics would be of interest to you in a Women with Disabilities support group?
(Please check all that apply):**

- Advocacy services - gaining access and overcoming barriers, learning to advocate for yourself
- Information & Referral - networking about community resources for women with disabilities
- Independent Living Skills training - helping build independent-living skills
- Peer counseling - learning from other people with disabilities
- Stress Management
- Relationships, dating, social events and activities
- Health, Nutrition and Wellness
- Transportation
- Finances, budgeting, paying off debt and long-term financial planning
- Career Development and Employment
- Other (please specify): _____
- Other (please specify): _____
- Other (please specify): _____

5. Are you currently in a support group, or have ever been in a support group: yes no

If yes, what do you find to be most helpful about support groups? _____

If yes, what type of support group were you in (optional)? _____

6. **DESCRIBE** your ideal Women with Disabilities support group: _____

7. Additional comments, suggestions, expanded explanations of survey answers:

Optional, but encouraged if you would like to be notified to participate in the Women with Disabilities Support Group:

Name: _____

Daytime phone number: _____

Email address (if preferred contact method): _____

Please return your completed survey AS SOON AS POSSIBLE!

RETURN completed survey to: The Whole Person, 3710 Main Street, KCMO 64111

Email to TRadcliff@thewholeperson.org

FAX to 816-931-0534

Thank you very much. We appreciate your taking the time to complete this survey!